# The Empress's Feet

music by

Evelyn Ficarra

words

Valerie Whittington

# The Empress's Feet

A woman dreams and dreams about a woman who dreams....

A sleep and a forgetting. A sleep and a remembering. A dreamer wakes and tries to reconstruct from the fragments in her memory the story she has read and has found recurring in her dreams. In time an 1 space far removed from her waking world.

The Empress's Feet was devised after a reading of a Chinese Fairy Tale. In the fairy story a large footed Empress is consumed by dreams which accompany her restless sleepwalking. Her husband, The Emperor, follows her nightly to protect her. Then one night she wakes from a nightmare and appeals to him for help. The Emperor has an answer.

THE EMPRESS'S FEET was commissioned by Linda Hirst with funds from the Arts Council of England, and received its first performance in Dartington Great Hall on the 21st of August, 1995.

## **Performance Notes**

Although it may be performed as a straight concert piece, *The Empress's Feet* was conceived as a piece of music theatre. Performers are therefore encouraged to explore the visual/theatrical aspects of the piece, perhaps in collaboration with a designer/director. Live electronics may also be used to enhance the singer's sound world, although they are strictly optional. A description of the first staging in Dartington in summer 1995, together with an outline of the live electronic effects used, is available from the composer on request.

In this piece, the performer is called upon to portray several different characters (the Singer, the Empress, the Emperor, etc.) and should try to find a different vocal characteristic for each. My own prejudice, for example, is that the Emperor should sound a bit like Frank Sinatra, but I would not want to hold anyone to that. I will be pleased for the singer to use her imagination, find her own path.

Along these lines, the score may be treated more as an actor's script, in that the meaning of the words and the dramatic context should hold equal sway with the music. This is true even though the expression markings on the score are often quite detailed. If it is at times necessary to circumvent these in the interests of a performer's dramatic vision of a particular moment, scene or the piece as a whole, then so be it.

The score is a combination of traditional and graphic notation; the graphic notation is explained in the glossary of symbols adjacent. The piece is barred, though not always rationally; tempos are indicated with regard to a unit common across several bars. To avoid clutter of having a new time signature with each bar I have on occasion made use of a generalised time signature, e.g. or . In this case the unit tempo is of course constant, though the number of units may change from bar to bar.

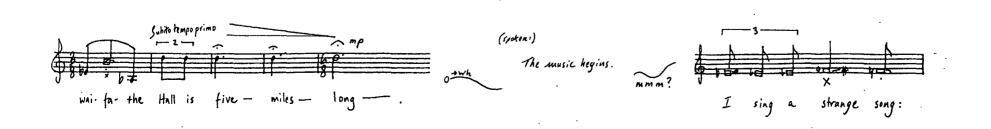
Basic dramatic instructions are indicated within the score itself, and the complete libretto is printed at the back of the score.

	<b>*</b>	a whispered note	f Symbols	a breathy whistle, blowing outwards, almost all breath and no note, with a big glissando as depicted
		a spoken note, approximate pltch indicated when necessary	7,70	a breathy whistle, sucking inwards, otherwise as above
	١.	note sung a quarter tone flat or sharp, according to the direction of the arrow. The quarter tone may sometimes be reached by glissando:	07 11	a low breathy whistle, not much glissando
		a spoken or sung note with a slight glissando upwards or downwards.	sh—	ss) 'sh' on an in drawn breath –
	(e.g. x) x	over or under a note indicates that the note should be sung/spoken with a breathy tone	Start Mag	a low, wheezy in drawn breath. The larger the shape, the lower and more croaky the tone. Breathing as if unable to breathe. The vowel sound is indicated in brackets above.
	* + × +	indicates that the note should be sung/spoken on the in breath	x4- ('au')	
	7	a clicking sound, made with the tongue on the soft palette	*	as above, but with lips closed, on the in breath a gentle, audible in drawn breath
	*	a quick, light in drawn breath	•	a gentle audible exhale
	√ mmm?	a low, sensuous hum, with an upwards glissando, as if saying 'oh really?' - possibly in a slightly amused tone. The effect is always notated in this way, but on occasion the performer may wish	1-1-1	little glissandi in the upper middle register, mouth closed, like a dog whimpering
		to reverse the glissando like so, as if saying, 'indeed!':	+	'tch', a sound made with the tongue just behind the teeth, as if scolding or in annoyance
	(##2400@mm2000) €—	breathing in deeply through the nose, as of fresh mountain air		NB the rhythm for an effect may be indicated in brackets above the
	0	note sung with mouth almost completely closed		symbol, e.g.: []













## A Dream

Rapid whispering, mostly unintelligible, emphasising consonants, very sotto voce at first, gradually more frantic and a little louder, keep going, if you get in a muddle keep repeating the same line until you can move on, when you run out of breath inhale the words, at the end, or when you've had enough, interupt yourself by waking up with a quick indrawn breath.<sup>1</sup>

Sh-e sleeps in her sleep begins this disjointed out of order she is repeating the same again and again get off get off don't touch them no they don't they don't keep me awake No don't they don't keep me get off get off she is repeating the same she sleeps again and again keep me awake keep me awake

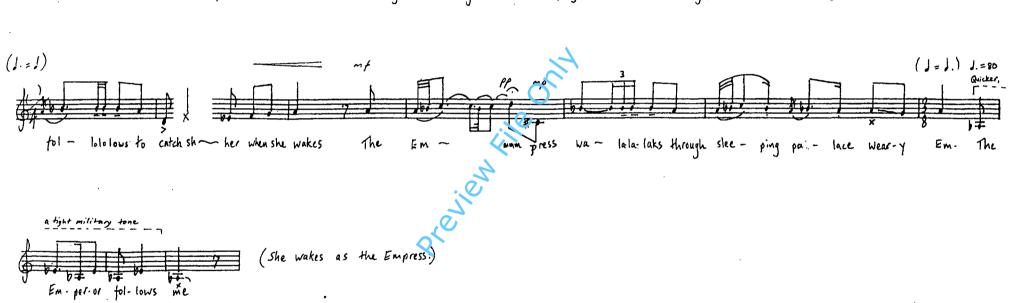
don't touch get off don't sh-e sleeps mmmmmmmmm\* don't touch them she keeps me awake don't the same again and again they don't keep me inhale get off inhale the words she keeps me she keeps me awake again and again -

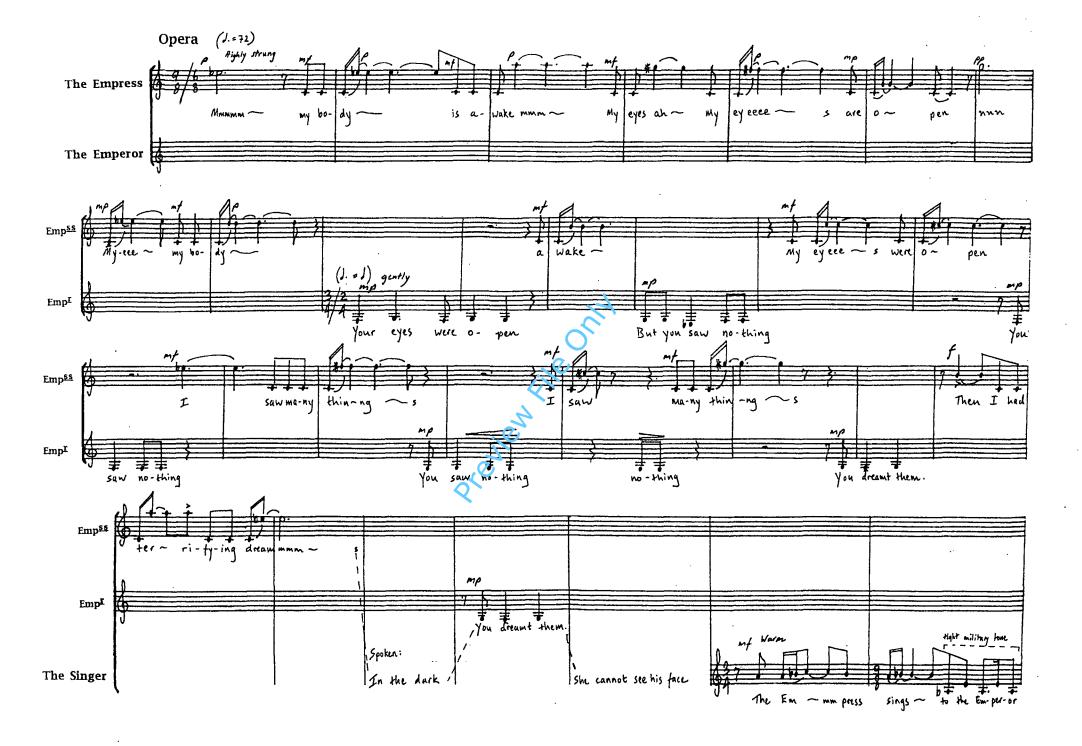
> \* this humming should be on the in breath, the first three notes of the First Song.

 $<sup>{</sup>m ^{1}}$ Alternatively, or additionally, you could read out these instructions in the manner described by them.

## Night Music Two







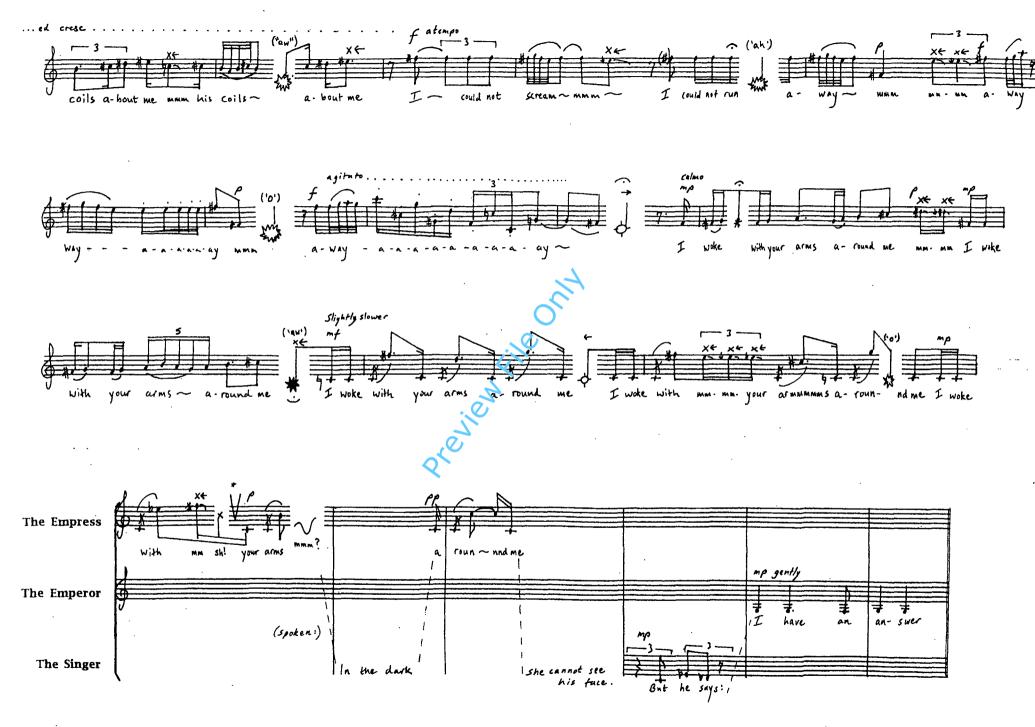


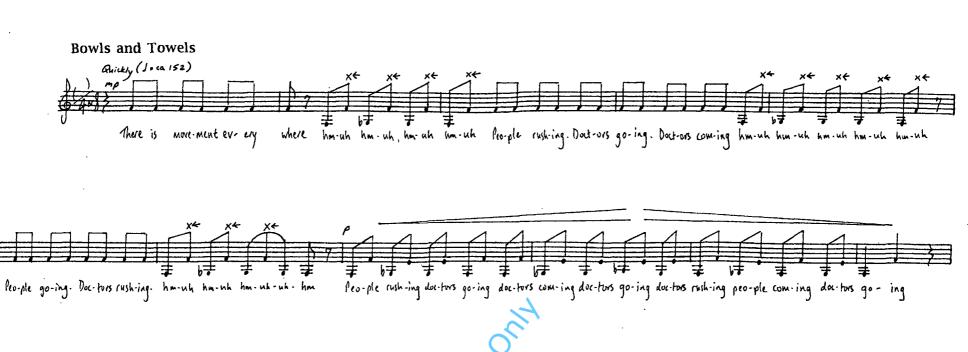
as I tra-velled a mon - ster come u- pon me as I

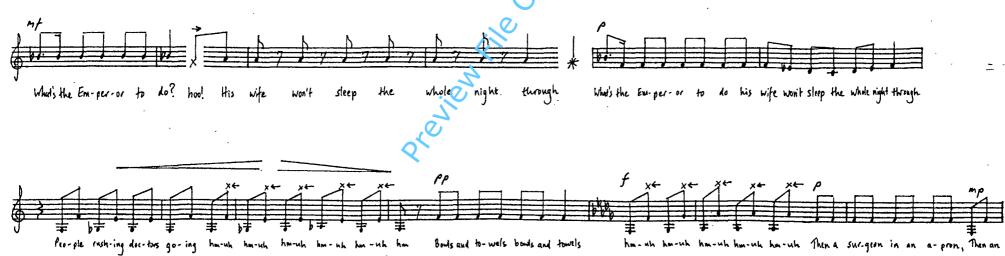
As I tra-velled

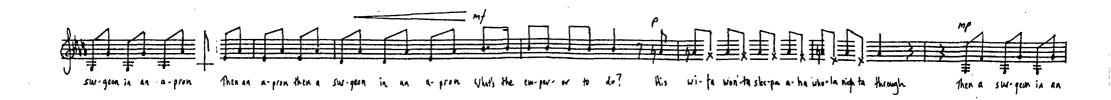
found you

as I trav-cilled a mon-ster came u- pon me



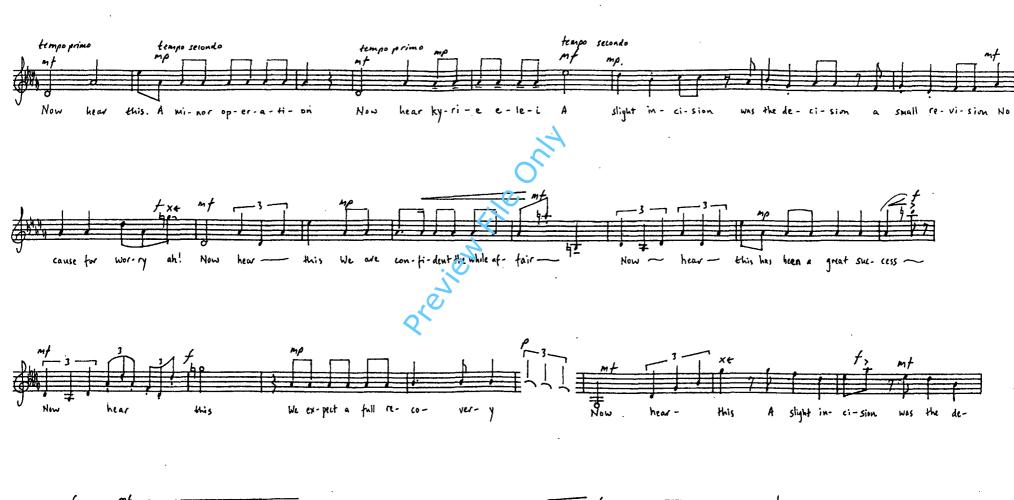




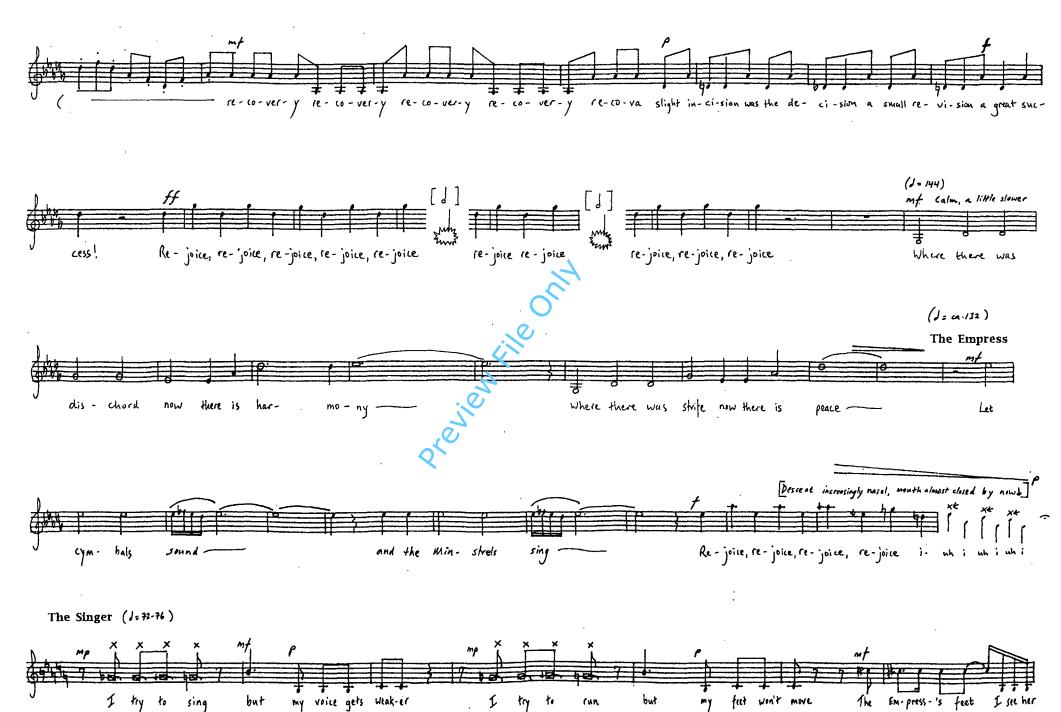


















## She Dreams

Rapid whispering, in the manner of the first dream, only not as long. When you run out of breath inhale the words, at the end, or when you've had enough, interupt yourself by waking up with a quick indrawn breath.<sup>1</sup>

Sh—— e sleeps again and again they don't keep me get off mmmmmmmmm\* don't touch
get off don't
sh—e sleeps
keep me awake
she is repeating

don't the same again and again they don't keep me mmmmmm\*

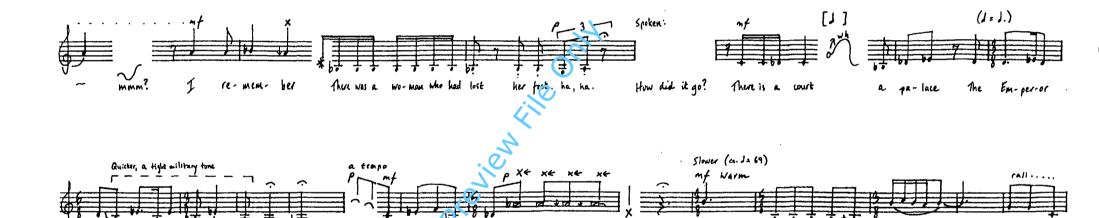
inhale the words she keeps me again and again begins this

\* this humming should be on the in breath, the last few notes of the Second Song.

<sup>&</sup>lt;sup>1</sup>Alternatively, or additionally, you could read out these instructions in the manner described by them.

# She Wakes

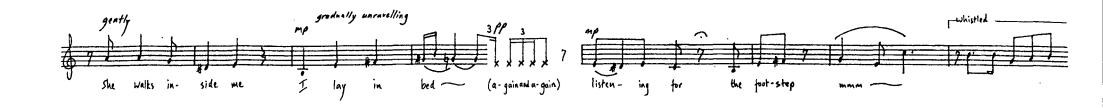




I have a dif-ferent









## The Empress's Feet

#### **LIBRETTO**

Words by Valerie Whittington

as set to music by Evelyn Ficarra

#### A WOMAN WAKES

Singer:

The Empress walks in my sleep again.

A dream a dream

like a growing camp fire story

it comes in parts (so still) each night

it gives light and heat

sh! mmm?

I remember

There was a woman with enormous feet!

A dream

there was a woman

so still a dream

The Empress walks

in parts each night

it gives light

there was a wom -

and heat I remember there was a woman with -

sh!

I rememb -

There was a woman with enormous feet!

ha, ha.

How did it go?

She is thinking of a song. She shuts her eyes. Tries to remember. When she has it she opens them.

There is a court

a palace

mmmmmm

The Emperor calls me

the Emperor calls me

to sing

to sing for his Queen

to sing ah

the court is waiting

the Emperor calls me

to sing На

sing for his queen

the court is waiting

the court is waiting

the Emperor calls me to

sing for his

Fa!

to sing

I run faster

The court is wait -

The Emperor calls to

for his to sing

ma!

Out of breath

faster, fast -

The Emperor calls to

to sing

la!

wait - faster The Emper - hal

sing to wait fast the

sing to wai - fa -

The Hall is five miles long.

The music begins

mmm?

I sing a strange song:

#### FIRST SONG

The Empress's Feet are beautiful For they are so long So noble and fine Such grandeur divine For such fine feet all women long.

The Empress's Feet are beautiful For they are so strong

Perfection in size An Emperor's prize

Praise them O praise them in song, in song, in song,

mmmmm

#### NIGHT MUSIC ONE

When night had fallen on the court

mmmmm

Amber Palace walls

began to glow

I lay my head upon a woman's instep and with the courtiers I slept.

ha, ha

When night had fall -

She is settling into sleep when she suddenly sits up as if she has heard something.

It's nothing

The Empress walks in her sleep again

#### A DREAM

Rapid whispering, mostly unintelligible, emphasising consonants, very sotto voce at first, gradually more frantic and a little louder, keep going, if you get in a muddle keep repeating the same line until you can move on, when you run out of breath inhale the words, at the end, or when you've had enough, interrupt yourself by waking up with a quick in drawn breath.<sup>1</sup>

She sleeps in her sleep begins this disjointed out of order she is repeating the same again and again get off get off don't touch them no they don't they don't keep me awake don't they don't keep me get off get off she is repeating the same she sleeps again and again keep me awake keep me awake don't touch get off don't she sleeps mmmmmmmm\* don't touch them she keeps me awake don't the same again and again they don't keep me inhale get off inhale the words she keeps me she keeps me awake again and again -

As if from a nightmare she suddenly wakes herself.

#### **NIGHT MUSIC TWO**

The Empress walks each night through sleeping palace guards The weary Emperor follows to catch her when she wakes

The Empress walks through sleeping palace weary Emperor

The Emperor follows me

#### **OPERA**

Empress:

mmmmm mmmmm

My body is awake my eyes

ah

my eyes are open my - my body

Emperor: Your eyes were open

Empress: awake

Emperor: But you saw nothing.

Empress: My eyes were open.

Emperor: You saw nothing.

Empress: I saw many things.

Emperor: You saw nothing.

Empress: I saw

Emperor: nothing

Empress: many things

Emperor: You dreamt them.

Empress: Then I had terrifying dreams.

Singer: In the dark

Emperor: You dreamt them.

Singer: She cannot see his face.

The Empress sings to the Emperor:

<sup>&</sup>lt;sup>1</sup>Alternatively, or additionally, you could read out these instructions in the manner described by them.

#### **ARIA**

Empress:

I dreamt my love

my love my love mmm my love mmm

my love my love nıııın

I dreamt that you were in a country far away

that you were in a country far away

away mmumm away away

I wanted I wanted to go to you I wandered many days and without rest wandered

I never found you mmm never found you I never found you

I wandered many days and without rest I never found you never found

As I travelled As I travelled a monster came upon me As I travelled a monster came upon me silently He wound his coils about me nmm his coils about me

I could not scream mmm I could not run away mum away away mmm away

I woke with your arms around me I woke with your arms around me I woke with your arms around me I woke with your arms around me

I woke with your arms

mmm?

Singer:

In the dark

Empress:

around me.

Singer:

she cannot see his face.

But he says:

Emperor:

I have an answer.

#### **BOWLS AND TOWELS**

Singer:

There is movement everywhere,

hm-hm-hm-hm People rushing. Doctors going. Doctors coming. hm - hm - hm - hm People going. Doctors rushing. hm-hm-hm-hm

People rushing doctors going doctors coming doctors going

doctors rushing people coming doctors going.

What's the Emperor to do?

His wife won't sleep a whole night through.

What's the Emperor to do?

His wife won't sleep a whole night through.

People rushing. Doctors going.

hm - hm - hm - hm

Bowls and towels. Bowls and towels.

Hm uh hm uh hm - hm Then a surgeon in an apron Then a surgeon in an apron

Then an apron then a surgeon in an apron

What's the Emperor to do?

His wife won't sleep a whole night through.

Then a surgeon in an apron Bowls and towels. Bowls and towels. Then an apron then a surgeon in an apron Bowls and towels. When he comes his apron's white.

What's the Emperor to do? When he goes it's bloody bright.

His wife won't sleep a whole night through.

Where's the Empress? Where's the Empress?

There is movement everywhere. There is movement everywhere.

People rushing doctors going doctors coming people going

doctors rushing.

Then a surgeon in an apron. When he comes his apron's white. ha, ha, ha

Bowls and towels.

When he goes it's bloody bright.

There is movement there is movement every -

Where's the Empress? Where's the Empress?

What's the Emperor to do? His wife won't sleep a whole night through. Doctors coming people rushing doctors going doctors -Then a surgeon in an apron. When he comes his apron's white. When he goes it's bloody

Now Hear This.
Today the Queen has undergone
Now Hear This.
a minor operation
Now Hear
Kyrie elei A slight incision
was the decision
a small revision
No cause for worry.

Now Hear This. We are confident the whole affair Now Hear This. has been a great success. Now Hear This. We expect a full recovery. Now Hear This. A slight incision was the decision a small revision and a great success A great success We expect a full recovery. Recovery recovery recovery recovery recov -A slight incision was the decision a small revision a great success

Rejoice rejoice

Where there was discord now there is harmony. Where there was strife now there is peace.

Empress:

Let cymbals sounds and the minstrels sing! Rejoice rejoice rejoice rejoice

Singer:

I try to sing.
But my voice gets weaker.
I try to run.
But my feet won't move.

The Empress's feet.
I see her
I try to sing.
The Hall is

I see her feet
I try to
Five Miles
I see her feet and they are minute!
You'd need a telescope to see them.

I sing:

#### SECOND SONG

The Empress's feet are beautiful For they are so short So precious and neat Divinely petite Praise them, O praise them in song.

The Empress's feet are beautiful So slender and slight

in the dark

So still in the night

she cannot see his face

She closes her eyes and instantly falls asleep.

#### SHE DREAMS

Rapid whispering, in the manner of the first dream, only not as long. When you run out of breath inhale the words, at the end, or when you've had enough, interrupt yourself by waking up with a quick in drawn breath.<sup>2</sup>

She sleeps again and again they don't keep me get off mmm don't touch get off don't she sleeps keep me awake she is repeating don't the same again and again they don't keep me mmm inhale the words she keeps me again and again begins this

<sup>&</sup>lt;sup>2</sup>Alternatively, or additionally, you could read out these instructions in the manner described by them.

#### SHE WAKES

The Empress is in mourning.

A dream a dream Like a growing camp fire story sh! It comes in parts (so still) each night It gives light and heat mmm? I remember There was a woman who had lost her feet. ha, ha

#### She tries to remember. She has already forgotten the first dream.

How did it go? There is a court a palace The Emperor calls me to sing for his Queen

The Emperor calls me to sing

I sing for them. sh! But I have a different song inside my head mmm

#### THIRD SONG

I lay in bed listening for the footstep of my love O she did not step lightly She strode across the mountains and through woods She walked the darkness

I dreamt that she was in a country far away away away away I dreamt that she was running

Swiftly over grassy fields she ran

to my homecoming to my homecoming

to my homecom -

Her foot was long and broad, her ankle round and ha, ha

O she did not step lightly

As in her footsteps I trace my way She walks inside me

I lay in bed again and again listening for the footstep mmm ha, ha across the mountains

through woods She walks

mmm? the dark again and again

agair a 1a again

sh!

mmm?

sh!