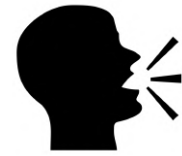




**Monument:** Sit comfortably at the top of a stepladder, looking directly at a **projector** attached to the ceiling straight ahead of you.

Perform the entire piece with your eyes closed.

Listen to the sounds from the audience and surroundings (with an awareness of the effect of each sound you hear on your body and attitude).



**Monument:** Use sounds from the audience and surroundings from the recording as cues or triggers to perform single events.

Use vocal sounds (each sound distinctly different). These sounds should be very quiet, like small clicks in the mouth, little sniffs in the nose, kissing sounds, whistles, gurgles, grunts.

While performing, avoid moving your head out of alignment with the projector.

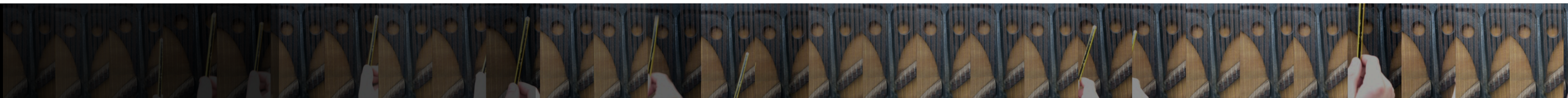
Continue this until next instruction.

Video begins playing on **projector**. It's black, but occasionally small red dots appear. The red dots should line up perfectly with Monument's eyes.



**Instrumentalists:** Wait backstage wearing a head torch and holding your instruments and a marker pen.

Video slowly fades up on Monument's face



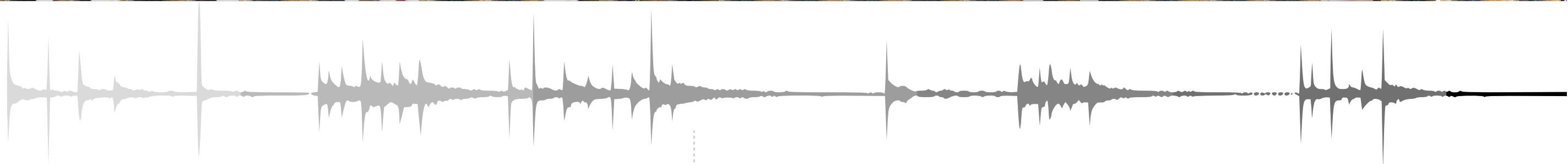
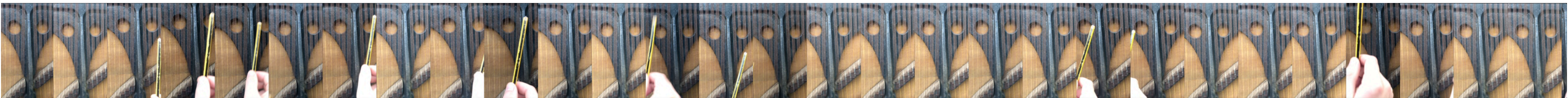
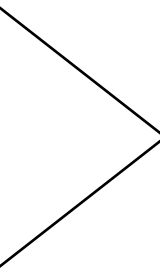


**Monument:** Continue using sounds from the audience and surroundings as cues or triggers to perform single events. You may also use non-piano sounds (anything that you can hear that *isn't* the sound of a piano string being struck) from the recording as cues too.

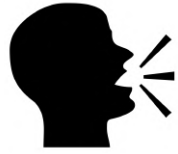
Now incorporate physical gestures as well as sounds (each gesture should be distinctly different). These gestures should be primarily limited to the face, like squints, nose wrinkling, smiles, winks, tongue out. A gesture can *sometimes* be combined with a sound.

While performing, avoid moving your head out of alignment with the projector.

Continue this until next instruction.

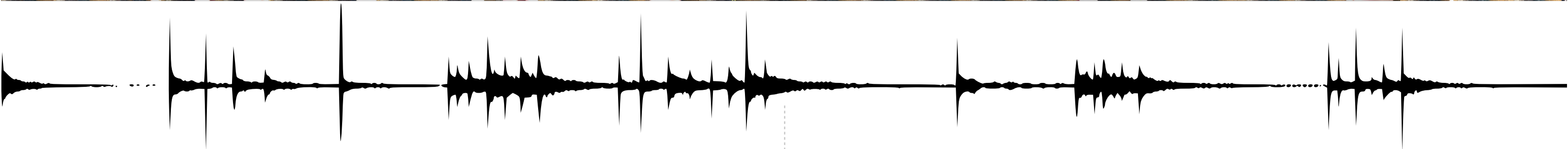
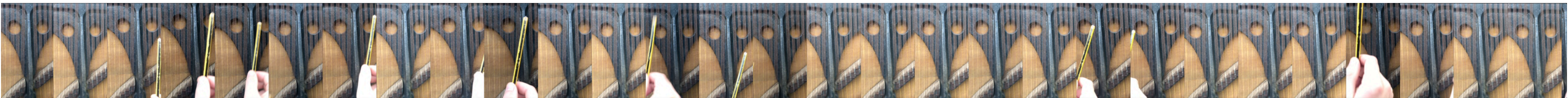


Audio track fades in through the **speakers**



**Monument:** Continue performing the previous instruction.

If you hear sounds from the **instrumentalists** or **audience** you may also use these as triggers or cues.

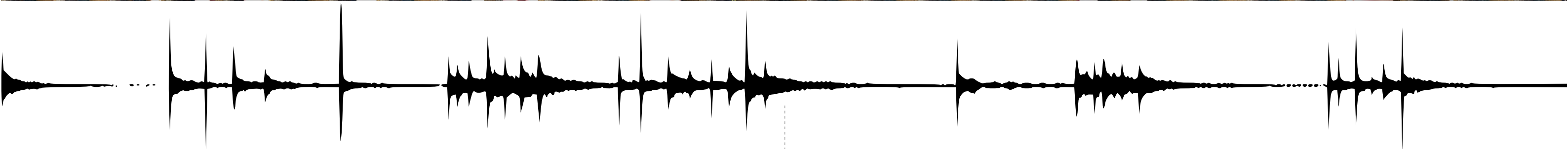
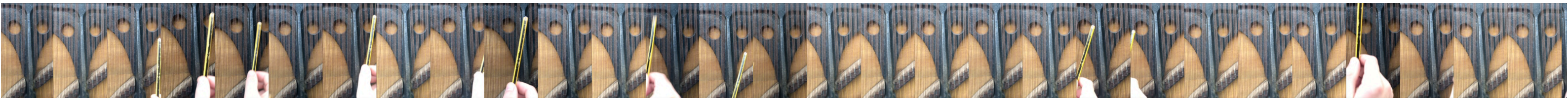


**Instrumentalists:** Enter the performance space one-by-one (leaving approximately 15 seconds between each entry) each wearing a head torch (switched on) and carrying your instrument and a marker pen.

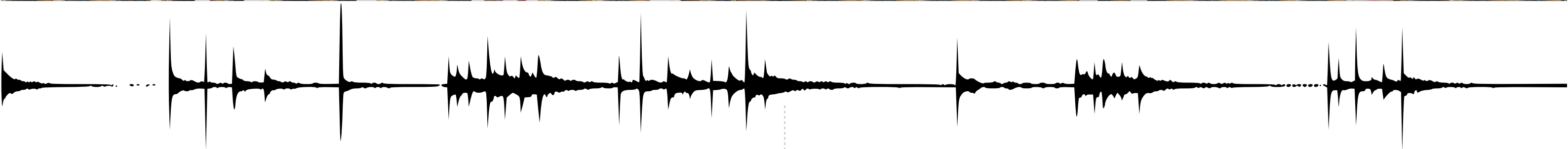
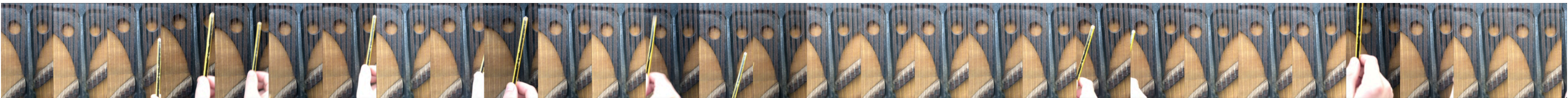
Quietly ask a trusted audience member to hold your instrument for you, then go straight to the stepladder and write out the story of your favourite Kirkos memory in **BLOCK CAPITALS** in marker pen onto the entire metal body of the stepladder – up high and down low.

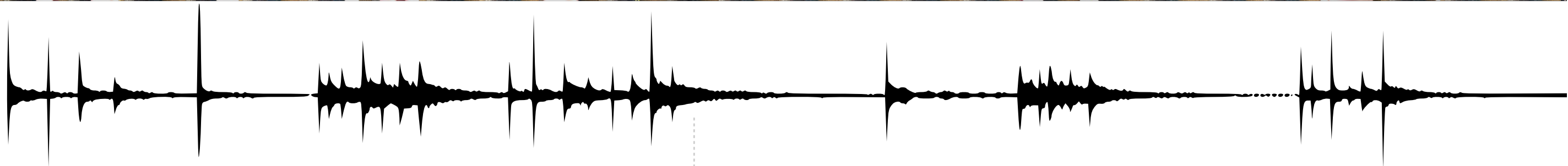
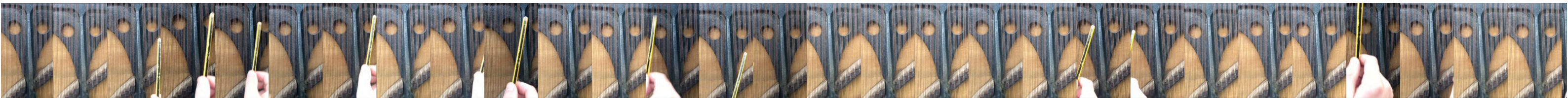
Describe the memory in detail and don't write too quickly, but do make sure that the whole surface of the stepladder will be covered in text over the next few minutes.

Continue this until next instruction.



All **instrumentalists** should have entered the performance space by now.





**Instrumentalists:** One-by-one stop writing and go to fetch your instruments from your trusted audience member (leaving approximately 20 seconds between each player stopping writing).

Read through the text on the stepladder *in your head*, articulating each syllable with a quiet and short noise using your instrument. When all the instruments have begun playing noises, gradually one-by-one introduce pitch material from the following collection of pitches:

Flute

Viola

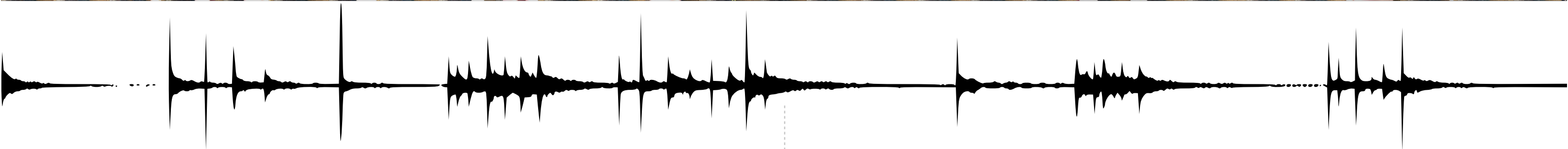
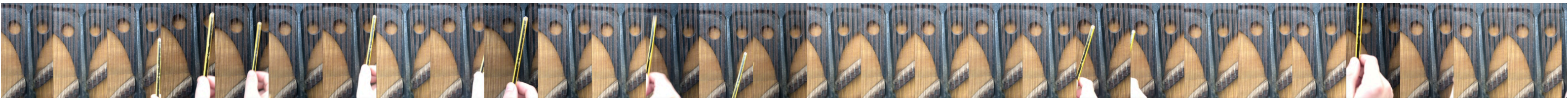
Horn in F

Violin

'Cello

Continue this until next instruction.

Be sure to move all around the stepladder, including stretching or stepping on the ladder to read text written up high, and bending down to read text written down low. Move in-between the legs of the ladder to get a better view of the underside.





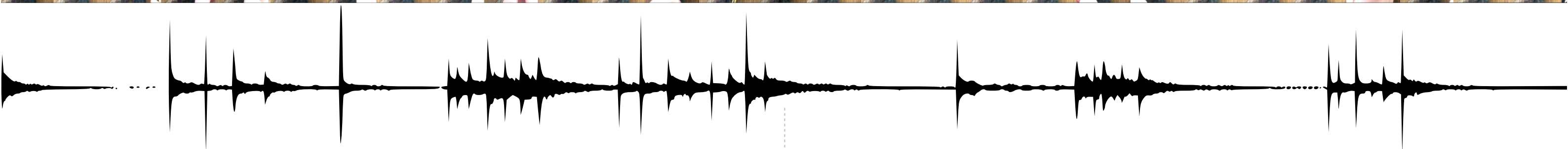
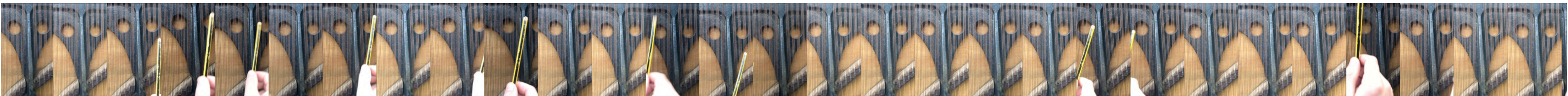
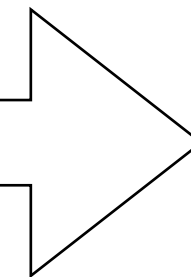


**Monument:** Continue the previous instruction but now include piano sounds from the recording as cues or triggers as well.

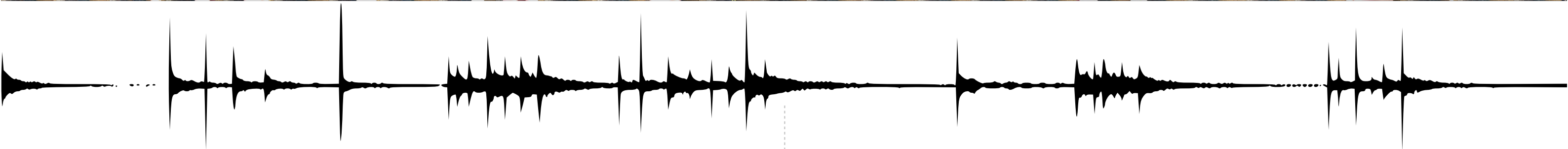
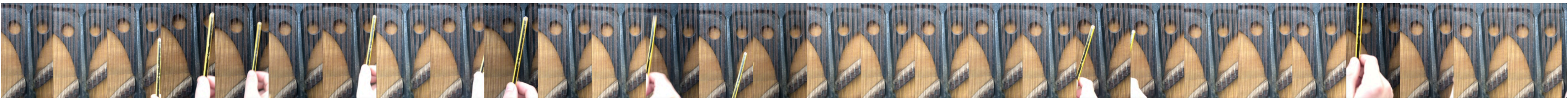
Allow your vocal sounds and physical gestures to become slightly bolder. Physical gestures need not be limited to the face any more, and can incorporate the hands, arms and shoulders

While performing, continue to avoid moving your head out of alignment with the projector.

Continue this until next instruction.




All **instrumentalists** should be playing their instruments by now.




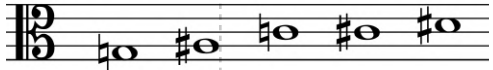
**Instrumentalists:** One-by-one freeze in place and look at a single word on the ladder so that your head-torch shines on it. Leave approximately 10 seconds between each player freezing.


As soon as you freeze listen to **Monument's** vocal sounds and use them as a cue or trigger to sustain a pitch from your collection of pitches for the length of a comfortable breath or the length of a single slow bow-stroke. Then rest for the same duration. Then do the same on a different pitch from your collection.




Flute 

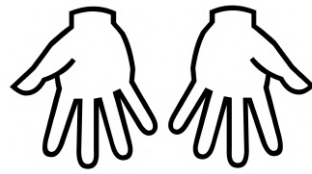
Violin 

Viola 

'Cello 

Horn in F 

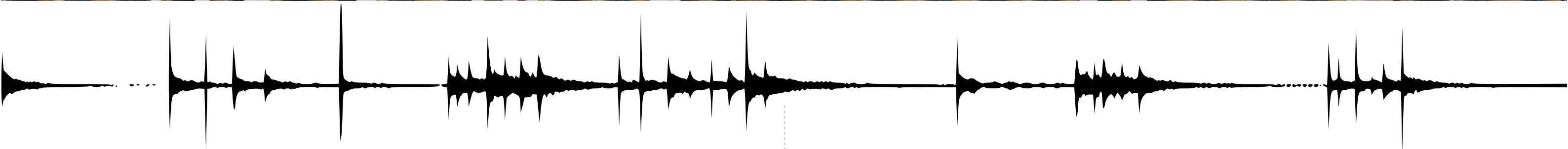
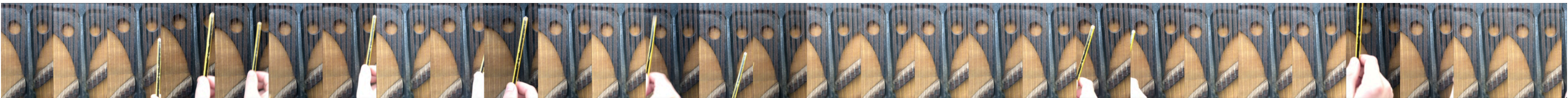
Continue this until next instruction.



**Monument:** Slowly raise up your arms over the course of a minute starting from by your sides until they are above your head with your fingers outstretched, like you're celebrating winning a race.

Gradually fade out your vocal sounds and physical gestures as your arms get higher.

Arms slowly raising, vocal sounds and physical gestures fading.



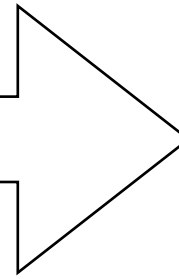
All **instrumentalists** should be playing sustained notes by now.



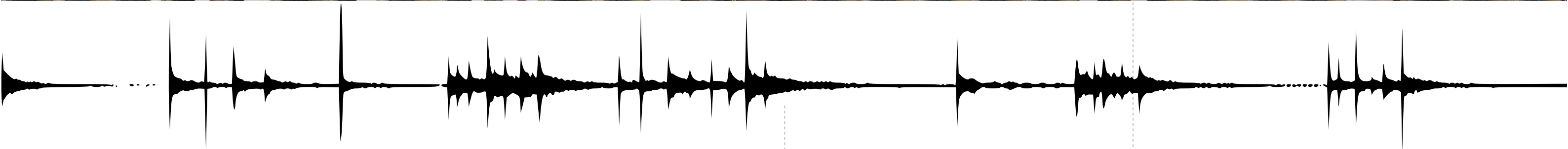
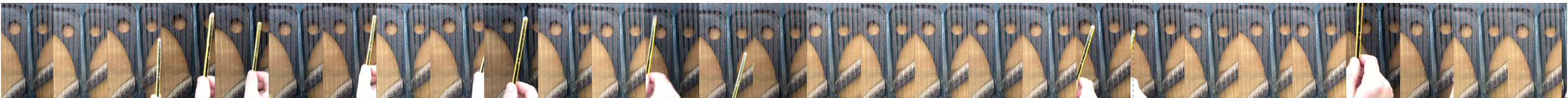
**Instrumentalists:** gradually *crescendo* over the next minute until you are playing *forte*. As you gradually *crescendo*, gradually move your head up so that you are looking at **Monument** and shining your head torch at them.

*p*

Arms slowly raising, vocal sounds and physical gestures fading.



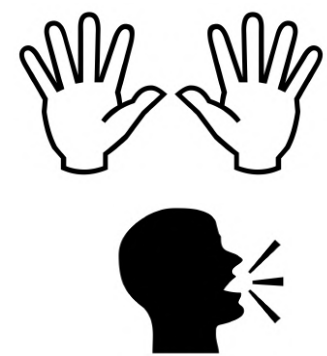
**Monument:** When all the **instrumentalists** are playing loudly, and your arms are above your head with your fingers outstretched, perform a rapid and elaborate 'cut off' gesture like a flamboyant but serious conductor.



*f*



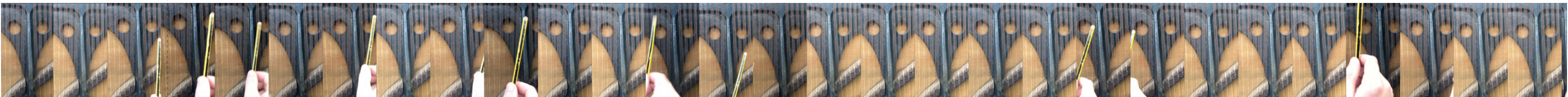
**Instrumentalists:** When **Monument** performs a 'cut off' gesture' stop playing immediately and freeze in position. Keep holding your instruments in playing position.



**Monument:** Bring the **instrumentalists** in again by making bold conducting gestures with both hands every time there is a piano attack on the looped recording.

Sing the melody from the looped recording loudly and confidently in time with these bold gestures.

Don't try to be a 'real' conductor, but just make flamboyant and elaborate arm movements while also being careful to avoid moving your head out of alignment with the projector.



$\text{♩} = 60$



**Instrumentalists:** When **Monument** brings you in again sing the melody from the looped recording loudly and confidently in time with their bold gestures. It doesn't matter if you don't get the pitches right. The singing should sound joyful. Use any vowel sound you like: e.g. dah, dee, doh, la, rah, etc.

Keep looking up at **Monument**, and keep your instruments in playing position.



**Monument:** Keep everyone singing for one time through the loop. Perhaps it will feel right to keep singing for several times through the loop. When you feel the it needs to come to an end, open your eyes and gesture towards the instrumentalists to stop.

Then freeze.

When **Monument** gestures to stop, the **projector** instantly goes black and the audio track instantly falls silent.



**Instrumentalists:** When **Monument** gestures to stop, stop playing immediately and freeze in position. Keep holding your instruments in playing position.

