

FULL SCORE

---

Matthew Grouse

**10 Polaroids**

*for String Trio*

---

2017

**10 Polaroids** was commissioned by Live Music Now Scotland for the Dohnányi String Trio as part of the 2016 Kimie Composition Prize presented in collaboration with the Royal Conservatoire of Scotland and funded by Kimie Trust.

'10 Polaroids' is a work for string trio in ten short movements, each one based on a different Polaroid photograph taken by the seminal Russian filmmaker, Andrey Tarkovsky. The images were selected from a collection of Tarkovsky's personal Polaroids, which were curated and edited by Giovanni Chiaromonte and Tarkovsky's son, published under the title, 'Instant Light'. These hauntingly beautiful stills were taken between 1979 and 1984 in both Russia and Italy. The photos taken in his homeland are melancholic and evoke strong feelings of nostalgia. Often portraits of his wife, son and dog, these earlier photographs embody Tarkovsky's desire to stop time. The Polaroids taken in Italy, in the last few years of his life, appear to capture a certain luminosity, manifested in a focus on ruins and eerie, unsettling interior and exterior shots. They seem to conjure up a powerful feeling of isolation and a sense of longing for his family who were still in Russia. A rather fitting summation of the photographs is posed in the introduction to 'Instant Light' - "His images seem to capture eternity in a moment."

**I** – It's through the cracks that the light gets in (*November 24, 1983 - Italy*)

**II** – Learn to love solitude (*September, 1980 - Russia*)

**III** – Dakas (*September, 1980 - Russia*)

**IV** – A glimpse with our sightless eyes (*October, 1982 - Italy*)

**V** – Lara (*September, 1981 - Russia*)

**VI** – Our earthly lives (*May 10, 1981 - Russia*)

**VII** – Parade (*June 24, 1984 - Italy*)

**VIII** – Silhouette (*November 24, 1983 Italy*)

**IX** – Succession of petals (*October, 1982 - Italy*)

**X** – Church in the water (*November, 1982 - Italy*)

**Duration:** ca. 13'30"

# 10 Polaroids

Matthew Grouse (b.1996)

## I. It's through the cracks that the light gets in

*Italy - November 24th, 1983*

Drowsy ( $\text{♩} = \text{ca.} 63$ )

Violin: con sord.  $p$  whistling  $\text{8va}$  ca.2" ca.2"

Viola: con sord.  $p$  airy + ethereal II 0 arco sul pont. 0 0 pizz. III 0  $mf$

Violoncello: con sord. pizz., sempre secco II 0 arco sul pont. 0 pizz.  $mf$

ca.2"

7

arco.  $p$  sul pont.  $ff$   $ppp$  ord.  $mf$  pizz.  $mf$   $ff$   $ppp$  ord.  $mf$   $p$   $mf$

2 10

ca.2"

ca.2"

15

clear and sonorous

all remove mutes

III

fp      fp      f      pp      fff

whistling  
8va

gliss.  
gliss.

p airy + ethereal

sul pont.

pizz.  
pizz.  
mp

fp      fp      fff      ppp      fff

## II. Learn to love solitude

*Russia - September, 1980*

**Slow and lyrical, with freedom**

senza vib. (with the colour of an open string)

22

Vla. X III

p

Vc. X solo sempre legato

mp

(using only one finger to gliss. over a phrase)

\* - The short lines between pitches depict glissandi. When they don't stretch between the whole space, hold on the former pitch before travelling to the next pitch by sliding lazily.

\*\* - suddenly let go of the previous held pitch and let the open string sound momentarily before rapidly hammering on to the next pitch. You should change the finger to gliss with at this point if it makes it easier.

poco accel.

*mf* — *p*

cello cues dimiendo

poco a poco rit.

*mf* — *p*

poco rubato ( $\text{♩} = \text{ca. } 45$ )

rit.

bow just fast enough for  
the harmonic to speak

sul tasto  
very slow bow

(sul tasto) —————→ ord.

IV 0 □

*simile*

III 0 □

II 0 □ *gloss.*

III 0 ○

morendo

bow just fast enough for  
the harmonic to speak

sempe III 0 □

*gloss.*

(sul tasto) —————→ ord.

*gloss.*

III 0 ○

*gloss.*

molto vib.

*gloss.*

5 8

23

*ppp*

*ppp*

1

0

*dolce + espress.* *mf*

(no longer just one finger)

*ppp*

Cued by cello

Attacca to III.

### III. Dakas

*Russia - September, 1980*

Excitable ( $\text{♩} = \text{ca. } 140$ )

solo

29       $8^{\text{va}}$

pizz.      arco      s.p.

IV      L.v.      0

sul pont.      sul pont.      pizz.      pizz.      arco, s.p.

mf      mp      ppp      mp      arco

p      mf      ppp      f      ppp      mp      ppp

pizz.      natural harmonic glissandi

senza misura      partial III      \*      partial IX

III      o      o      o      o      o

mp      p

poco accel.

34

pizz.      arco      sul pont.      arco, sul pont.      ord.      sul pont.

arco.      5      4

mp      3/8      3/8      3/8      3/8      3/8

pizz.      arco      sul pont.      sul pont.      sim.      III

arco      mp      p

\* - For the harmonic glissandi, freely drift over the partials between the designated points.  
The position to find these nodes should always be past the 1/2 way point of the string (closer to the bridge than the nut)

**A tempo**

*pizz.*      *arco, sul pont.*      *pizz.*      *arco, s.p.*      *pizz.*      *arco, s.p.*

*pp*      *p* — *mf*

*mp*      *mf*

*pizz.*

*approx.*      *I* *whistle*      *approx.*      *I* *whistle*

*ff*

**IV. A glimpse with our sightless eyes***Italy - October, 1982*Eerie ( $\text{♩} = \text{ca. } 60$ )

accel. (♩ = ca. 80)

poco sul pont.

sempre s.p.

*I*

*pp* — *mf*

*12*

*poco sul pont.*

*II*

*pp* — *mf*

*12*

*pp*

*sempre s.p.*

*tr*

*poco scratch*

*ff*

*mf*

*ff*

*ord.*      *poco scratch*      *ord.*

\* - For 'x' note heads, the bow should be already resting on the string before nudging.  
The desired effect is one of a short but scratchy / distorted sound. Alter accordingly depending on dynamics.

46

*poco scratch*

ord. I

poco scratch IV

*ff*      *mf*

*mf*

(3,2,2)

50

*p*

*fp*

*p*

*mf*

*p*

*s.p.*

*ppp*

(2,2,3)

54

*pp*

*pp*

*s.p.*

*p*

*p*

*ppp*

Attacca to V.

# V. Lara

Russia - September, 1981

7

With longing and melancholy ( $\downarrow$  = ca. 26 /  $\uparrow$  = ca. 104)

58

con sord.      poco sul tasto  
senza vib.      \*\*

**A**

solos  
*poco a poco espress.*  
III until directed otherwise

**B**

stop suddenly with bow on the string

**C**

*accel.*      **fp**

stop suddenly with bow on the string

**D**

*gliss.*      **fp**

\* - These rests are always worth  $\downarrow$  NOT  $\circ$

\*\* - Violin cues cello for accompaniment entries

**E**

expressive trill  
(start slow and accel. throughout)

*tr*

*mf*

*port.*

*v*

*ff*

*mf*

*fp*

**F**

trill as fast as possible by end point

*tr*

*mf*

*pp*

*poco sul tasto*

*IV*

*mf*

*3*

*poco sul tasto*

*I*

*0*

*harm gliss.*

*pp*

*mf*

**G**

*sim.*

*(B)*

*pp*

*mf*

*pp*

*mf*

**H**

*pp*

*mp*

*gliss.*

*mf*

*p*

*pp*

*mf*

**I**

(follow rubato of viola)

poco rubato

**J**

(follow rubato of viola)

**K**

IV ○ pizz.

arco. I ○ pizz.

3 3 3 3 pp

pizz. arco. pizz.

rit. arco.

I 8va - II ○ all remove mutes

3 3 3 3 mf

arco. pizz. arco. 3 mf

Attacca to VI.

\* - At the starred phrases, increase vibrato as well as the dynamic during the short crescendos

# VI. Our earthly lives

Russia - September, 1981

Light and playful ( $\downarrow$  = ca.90)

59

II pizz.  
III  
IV

*mp* *f*

arco.  
flautando.

*p poco espress.*

II pizz.  
III  
IV

*mp* *f*

arco.  
flautando.

*p poco espress.*

sul pont.  
slow bow.

*pp*

63

*p* *mf*

*p*

arco.  
flautando.

II pizz.  
III  
IV

*mp*

*p*

*3*

*mp* *mf*

*p* *mf*

approx.

*p* *mf*

*p*

I pizz.  
II (non-legato)

*3*

*p* *mf*

arco.

*smfz*

*fp*

70

pizz.  
I  
II  
III

mp

arco. 3

p

pizz.  
I  
II  
III

mp

arco. 3

p

mf

p

mf

74

arco.  
flautando.

p

arco.  
flautando.

I 0

II 0

ricochet 0 3

p

arco. 6

II 0

III 3

IV 6

p

77

mf

ric. 3

gliss. 3

3

p

arco. 3

gliss. 3

3

pizz.  
I  
II  
III

mp

ricochet

p

pizz.  
II

3

80

80

81

82

83

l.h. pizz.

*p*

*mf*

*p* *mf*

*pppp* *mp*

83

$\text{♩} = \text{ca. } 115$

83

$\text{♩} = \text{ca. } 115$

II pizz.  
III pizz.

*p* *mf*

*sffz*

II  
III  
IV

*mp* *f* *sffz*

IV

*col legno battuto*

*mp*

Attacca to VII.

\* - Spread multiple stop expressively whilst sliding up the fingerboard to the next chord

# VII. Parade

13

*Italy - 24 June, 1984*

ritualistic

(♩ = ca.70) con poco rubato (led by violin)

arco.

85

m.s.t. → s.p.

pppp mp

arco. m.s.t. → s.p.

pppp mp

arco. m.s.t. → s.p.

pppp mp

88

m.s.t. → s.p.

pppp mf

m.s.t. → s.p.

pppp mf

m.s.t. → s.p.

pppp mf

91

(2,2,3)

m.s.t.

pppp

m.s.t.

m.s.t.

94

col legno battuto

*mf*

*pppp*

*f* 5 5

solo ord.

*mf espr.*

*fp*

*sff*

*pppp*

arco ord.

97

*mp*

*mp*

*pp*

*mp*

m.s.t.

m.s.t.

m.s.t.

100

col legno battuto

*mf*

*fp*

*mp*

*ppp*

solo ord.

*mf espr.*

*s.p.*

*mf*

*5*

*3*

*8*

*3*

*8*

*4*

102

ord. —

m.s.t. —

pppp

pp

mf

ppp

mf

ppp

arco ord. —

pppp

105

s.p.

col legno battuto. 6

mp

solo  
ord.

mf

pp

mp

s.p.

mp

s.p.

mp

arco ord.

108

5 5

mf pp

mf

fp sff mf

s.p. —

m.s.t. —

mf pp mf

112

sul pont.

*ppp*

sul pont.

*ppp*

sul pont.

*ppp*

*mf espr.*

*mf espr.*

*fff*

114

*sff*

*fff*

*mf 3 espr.*

*fp*

116

*fff*

*fff*

*fff*

*fff*

*fff*

*fff*

# VIII. Silhouette

*Italy - October, 1982*

17

Pensive ( $\downarrow = \text{ca.} 42$ )

con sord.

solo

118

**Vln.**

**p espr.**

**rit.**

-A tempo

122

**con sord.**

**pp**

**p**

**mf**

**con sord.**

**p**

**mf**

**p**

**gliss.**

125

**p**

**p**

127

**gliss.**

**mp**

130

*f*

*fp*

*p*

134

*pp*

*p* *express.*

*solo*

137

*rit.*

*gliss.*

*3*

*3*

*all remove mutes*

# IX. Succession of petals

19

*Italy - June 24, 1984*

frenetic ( $\downarrow = \text{ca.} 150$ )

141

sul pont.      ord.

pizz.      sul pont.      ord. — gliss.

ff      p sub.      arco.      f

ff      p sub.      gliss.      sul pont.      ord.

$\text{f}^3$       p sub.      f

144 sul pont.      ord.

gliss.      mf      sul pont. ord.      s.p.      ord.

p — f      p sub.      f

ord.      sul pont.      ord.

p sub.      f      p — ff

ff

148 sul pont.

fp      fp      fp      p

fp      fp      fp      f

fp      fp      fp      p

ord.      pizz.      arco.      mp < f

sul pont.      sul pont.      ord.      sul pont.

fp      fp      fp      p

# X. Church in the water

*Italy - November, 1982*

a frozen moment ( $\text{♪} = \text{ca.} 42$ )

con sord.

arco, poco sul pont.  
senza vib

152

con sord.  
arco, poco sul pont.  
senza vib

**rit.**  
sul pont.

**pp**

**pp**

**ppp**

**p**

**pp**

(partial VII)

**ppp**

**p**